

The second symposium of the International Association of Hirudotherapy and Hirudologists (IAHH) will be held in Bulgaria 1st to 5th September 2017.

Dear friends

The current year has been very rich with international meetings and conferences being held on the problems of health improvement of the population, and, above all, fighting anti-thrombosis. It is significant that on October 14th 2016, we celebrated our professional holiday, the international day of struggle against this serious illness.

Taking on the responsibility to treat a variety of diseases, including thrombotic complications using hirudotherapy, we must not remain on the level of past centuries. However, Modern Hirudotherapy and Hirudopractice is still not one of the approved methods of evidence-based medicine.

The concept of evidence-based medicine includes the ability to select the best doctor, the best treatment methods and diagnostics for a particular patient. This is possible by using both the experience of our colleagues working in Natural medicine, as well as the modern scientific achievements in the field of Western medicine. Evidence-based medicine is developing the scientific basis of medical practice - a set of rules for clinical decision-making. The main postulate of evidence-based medicine: each clinical decision should be based on strict proven scientific facts.

In September 2017, we plan to hold a second symposium of the International Association of Hirudotherapy and Hirudologists' (IAHH) in order to identify the elements of evidence-based medicine that are implemented by members of our association. We will be very interested to learn this. Therefore, our intention is to strictly evaluate the content of the thesis, which will be published in a booklet.

Sincerely: Organizing Committee of the Symposium and the founder of the International Association of Hirudotherapy and Hirudologists' (IAHH).