



BRITISH ASSOCIATION OF HIRUDOTHERAPY

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Hirudo medicinalis: professional use, protection and promotion

B A H

4. Assessment process

An assessment for a client: Indications for Hirudotherapy

□ Cardio-vascular diseases:

- ischemic heart disease
- hypertension/high blood pressure
- myocardial infarction
- poor blood circulation
- myocarditis
- pre-stroke or post-stroke conditions
- lower extremity arterial disease
- arterial and vein thrombosis
- ulcers

□ Proctology:

- haemorrhoids

□ Neurology:

- blood vessel disease of brain and spinal cord
- spinal osteochondrosis
- radiculitis
- neuropathies of skull, brain and cranial nerves
- neuritis, neurosis, neuralgia, insomnia

□ Urology:

- kidney stones

- kidney disease
- chronic prostate problems
- varicose veins in testicals, etc.

□ Skin diseases:

- carbuncles and furuncles
- age spots
- scleroderma
- hair loss
- eczema, psoriasis

□ Dental surgery

□ Metabolic disorders

□ obesity, gout, diathesis

□ Injuries:

- contusions, broken skin, haematoma, oedema

□ Ear/nose/throat diseases:

- vestibular neuritis
- otitis
- nose and sinus diseases
- chronic tonsillitis
- tinnitus

□ Ophthalmology:

- keratoconus,conjunctivitis
- detached retina
- inflammatory eye disease
- eye injuries
- glaucoma

□ Gastroenterology:

- chronic gastritis
- peptic ulcer disease
- cholecystitis
- gallstones
- colitis, pancreatitis

□ Endocrinology:

- diabetes
- cyst of the thyroid gland
- goitre

□ Rheumatology:

- rheumatism

- rheumatoid arthritis
- scleroderma

□ Breathing system:

- bronchial asthma
- pneumonia

□ Women's health:

- mastitis, mioma, fibroids, cysts
- infections and inflammatory diseases
- chronic uterine and appendage diseases

□ Body image concerns:

- cellulite
- wrinkles
- general skin concerns

INDICATORS AGAINST THE THERAPEUTIC USE OF LEECHES:

- 1. Anaemia (C)**
- 2. Haemophilia (C)**
- 3. Pregnancy (C)**
- 4. Very low blood pressure (prolonged) (C)**
- 5. Exhaustion (C)**
- 6. Strongly pronounced allergic reaction to insect bites (C)**
- 7. Any diagnosed blood disorder (C)**
- 8. Recent treatment with anticoagulants (C)**
- 9. HIV / AIDS (C)**
- 10. Hepatitis (any variety) (C)**
- 11. Chronic alcoholism (C)**
- 12. Any type of cancer (C)**

This document was ratified at the British Association of Hirudotherapy (BAH) Partnership meeting 26/06/15 and approved by Council representatives' administrative body – the Executive Committee.